

Salt Therapy for Pyogenic Granuloma (PG)

This handout explains how to use **salt therapy** at home for treating small pyogenic granulomas (PG), which are common benign skin growths in children. Always check with your child's healthcare provider before starting treatment.

How to Do Salt Therapy

- Wash your hands and gently clean the area around the lesion.
- Apply a thin layer of **petroleum jelly (Vaseline®)** to the normal skin around the PG. This protects healthy skin.
- Sprinkle **ordinary table salt** to fully cover the PG lesion.
- Cover with a small **dry dressing or plaster** (e.g., adhesive bandage, surgical tape, or gauze).
- Leave the dressing in place until the next day, then remove and repeat the process.
- Continue once daily until the lesion shrinks and resolves. This usually takes 1–2 weeks.
- A mild stinging or burning sensation may occur at first—this is normal.

Safety Tips

- If the lesion does not improve after 2 weeks, contact your healthcare provider.
- If the PG grows, bleeds excessively, or becomes very painful, stop treatment and seek medical advice.
- Do not use salt therapy near the eyes, large lesions, or if your doctor has advised against it.

Salt therapy is a **safe, simple, and inexpensive home treatment** for small PGs. It may help avoid surgery or cautery in young children. Always follow up with your child's healthcare provider to make sure the PG is improving.